

October Half Term Multi Activities 2021 INFORMATION PACK

Thank you for considering the ISM Multi Activities for your child during this break. Please read on to find out what to expect and how to prepare your child. Here's a quick overview of key information:

Location: Fit & Flex Studios, Amwaj 1, Level 1, Raha Beach, Abu Dhabi

Dates: Sunday 17th to Thursday 21st October

Timings: 9am to 1pm

Age Group: 3 to 7 years

Costs: 1 day @ AED150, Full week @ AED600

per child.

Early Bird Offer: 10% off (book before October 5th)

(All prices inclusive of VAT)

To register: Kindly click on the below link and follow the steps mentioned in the description box

https://ism-1.classcard.app/event/1816464

Terms: Registration only complete when full payment is paid in advance. Spaces are limited. Bookings made on first come, first serve basis.

About Us

Great selection of multi-activities to keep your little ones happy and active this Half Term break. Activities will include fundamental Sports Skills of Tennis, Football, Basketball. Other activities will include arts and crafts, Team games, Physical Exercise sessions, Obstacle course, music games, movie time and more

All lead staff are fully qualified coaches and First Aid trained and hold a minimum of Level 1 Child Protection & Safeguarding certificate.



Here is what a typical day would look like:

| Time | Activity |
|--------------|---|
| 9am | Registration |
| 9.15am | Activity 1 |
| 10am | Snack Break |
| 10.15am | Activity 2 |
| 11am | Activity 3 |
| 11.45am | Lunch |
| 12.15 to 1pm | Movie time, music games or activity 4 with pick up at 1pm |

Safety during Snack Times:

Being healthy is core to our objectives at ISM Sports, and we want to encourage your children to eat nutritious food while on camp.

Please provide enough food for all breaks, keeping these rules in mind: NO NUTS and NO SHARING FOOD

What you need to send with your child:

Enough food for one snack & lunch, large refillable water bottle, sanitizer & mask and extra pair of clothes

Safety procedures on camp:

- Temperature checks at arrival on camp
- Additional sanitizers available if needed
- Socially distanced sessions
- Regular sanitization of all equipment used

Stay connected with us always by following us on our social media channels

Instagram: ism_sports_uae
Facebook: ismsports
YouTube: ISM Sports UAE

Contact Information: WhatsApp 055 426 3242 Email: fitnflex@ismsports.org