



## SUMMER Future Skills and Sports Activities 2021

### INFORMATION PACK

Thank you for considering the ISM Sports and Schools of Humanity activities for your child during this break. Please read on to find out what to expect and how to prepare your child. Here's a quick overview of key information:

**Location:** The Arbor School, Al Furjan

**Dates:**

- Week 1: Sunday 11<sup>th</sup> July to Thursday 15<sup>th</sup> July**
- Week 2: Sunday 18<sup>th</sup> July to Thursday 22<sup>nd</sup> July**
- Week 3: Sunday 25<sup>th</sup> July to Thursday 29<sup>th</sup> July (Provisional)
- Week 4: Sunday 1<sup>st</sup> August to Thursday 5<sup>th</sup> August (Provisional)
- Week 5: Sunday 8<sup>th</sup> August to Thursday 12<sup>th</sup> August (Provisional)
- Week 6: Sunday 15<sup>th</sup> August to Thursday 19<sup>th</sup> August**
- Week 7: Sunday 22<sup>nd</sup> August to Thursday 26<sup>th</sup> August**

**Timings:**

- 9am to 12pm - Half day Future Skills only
- 9am - 2pm - Morning Future Skills Afternoon Sports activities

**Age Group:** 8 to 17 years

**Costs:**

- Full week only options available
- AED900 - Full week Full day 9am - 2pm (Combined Future Skills + Sports Activities)
- AED500 - Full week Half day 9am - 11:30am/12pm (Future skills only)

(All prices inclusive of VAT)

**To register:** Kindly click on the below link and follow the steps mentioned in the description box

For Full Day Future Skills & Sports Camp click here:

<https://ismsports.classcard.app/event/1445920>

For Half Day Future Skills Camp click here:

<https://ismsports.classcard.app/event/1445966>

**Terms:** Registration only complete when full payment is paid in advance. Spaces are limited. Bookings made on first come, first serve basis.



## About Us - ISM Sports

ISM Sports Multi Sports Activities are a fun mix of activities with a strong sports focus including Football, Tennis, Basketball skills, Dodgeball, Circuit Training & Fun Games. Some activities will be classroom based such as Arts & Crafts and Dance. All lead staff are fully qualified coaches and also First Aid trained and hold a minimum of Level 1 Child Protection & Safe Guarding certificate.

## Introduction to the School of Humanity

The School of Humanity is an organization with the mission of reinventing education to better our species. The School offers full-time, part-time and summer-school programs with a progressive pedagogy and interdisciplinary curriculum. The curriculum and model are designed by global experts and award-winning educators.

We allow learners to develop the skills that matter most in today's world, while making learning an exciting and meaningful experience.

## Workshop Format

We don't believe in lecturing students. Our workshops are full of interactive exercises, group activities and games! We have plenty of refreshment breaks to keep learners engaged.

## Frequently asked questions

### **Q. Will my child receive a certificate of participation?**

Yes, all learners who participate in SoH workshops will receive a certificate of participation.

### **Q. Are there any pre-requisite knowledge requirements?**

There are no pre-requisite requirements if the learner is in the target age group for the session.

### **Q. What topics are the workshops offered in?**

See below!

For learners aged 8-10 and 10-12, the same workshops are offered every week alongside learners of a similar age.

#### **Day 1: From Financial Literacy - Debt & Saving**

We learn about best practices of saving, and how different forms of debt work.

#### **Day 2: From Conversation Skills - Basics of Pitching**

Want to be an entrepreneur one day? Develop your verbal persuasion skills!

#### **Day 3: From Organizational Skills - Project Management**

It's never too early to practice good time and project management.

#### **Day 4: From Analytical Reasoning - Logical Reasoning**

We learn how to overcome cognitive biases and form logical arguments.

#### **Day 5: From Flourishing Skills - Meaningful Relationships**

We learn how to practice gratitude and develop meaningful relationships.



**Workshop offering for learners ages 13+**

<b>Week 1</b>	<b>Communication Skills</b>	
Day 1	How to Use LinkedIn	Apply your skills to strengthen your LinkedIn presence and develop a professional network.
Day 2	Personal Branding	Explore the importance and key features of a strong personal brand.
Day 3	Basics of Pitching	Develop your verbal and written persuasive pitching skills.
Day 4	Presentation Skills	Understand the fundamentals of presentation design, content and delivery.
Day 5	Conversation Skills	Analyze the core aspects of an engaging conversation and put them into practice.
<b>Week 2</b>	<b>Technology Trends</b>	
Day 1	Artificial Intelligence	Evaluate the latest applications of A.I and their impact on various industries.
Day 2	Robotics	Identify applications of robotics technologies across various industries, disciplines and domains
Day 3	VR & AR	Evaluate the latest trends and advancements of cutting-edge developments in XR.
Day 4	Blockchain	Evaluate the latest trends, applications and advancements in blockchain technologies.
Day 5	3D Printing	Evaluate the latest trends and advancements of cutting-edge developments in 3D printing.
<b>Week 3</b>	<b>Flourishing Skills</b>	
Day 1	Mental & Internal Barriers	Learn how to overcome common mental barriers in order to find a path to success and wellbeing.
Day 2	Cultivating Purpose	Explore frameworks for finding and cultivating meaning and purpose in life.
Day 3	Overcoming Stress & Anxiety	Develop the tools to help you manage stress, anxiety and other negative emotions.
Day 4	Philosophies of Happiness	Analyze philosophies for happiness and/or fulfillment and their role in our lives.
Day 5	Self-awareness	Develop awareness of your strengths, drives, values, biases, thinking and impact on others.



**Workshop offering for learners ages 13+ Cont.....**

<b>Week 4</b>	<b>Financial Literacy</b>	
Day 1	Fundamentals of Money	Learn the fundamentals of money, including where it comes from and what gives it value.
Day 2	Debt & Saving	Explore best practices for effective saving, and investing, along with the risks of debt.
Day 3	Budgeting	Learn how to leverage tools to organize a personal and professional budget.
Day 4	Fundamentals of Investing	Explore the different kinds of investing, and how to best practice them.
Day 5	Future of Money	Learn about the trends impacting the future of money, including the rise of cryptocurrencies.
<b>Week 5</b>	<b>Problem-solving Skills</b>	
Day 1	Problem Analysis	Analyze problems through root-cause analysis, W4 method, and stakeholder analysis
Day 2	Computational Thinking	Apply the 4-steps of computational thinking to solve challenges.
Day 3	Systems Thinking	Utilize systems thinking and mapping to understand problems.
Day 4	Design Thinking	Apply the design thinking process to develop prototypical solutions to challenges.
Day 5	Exponential Thinking	Understand Moore's law and apply exponential thinking to practice adaptive foresight.
<b>Week 6</b>	<b>Organizational Skills</b>	
Day 1	Project Management	Explore cutting-edge tools and methodologies for effective project management.
Day 2	How to be Productive	Identify tools and best practices for staying organized and productive.
Day 3	How to Learn	Practice evidence-based practices for effective independent learning.
Day 4	Time Management	Apply best practices and tools for time management.
Day 5	Lean Methodologies	Apply lean and agile methodologies to different scenarios and problems.



Here is what a typical day would look like:

Time	Activity
8:45am	Registration
9:00am	Future Skills - Module 1 part 1
10:00am	Snack Break
1030am	Future Skills- Module 1 part 2
1130am	Lunch Break & handover to Sports or pick up
12:00pm	Sports Session 1
12:50pm	Snack Break
1:10pm	Sports Session 2
2pm	End of day & Pick Up

### Safety during Snack Times:

Being healthy is core to our objectives at ISM Sports, and we want to encourage your children to eat nutritious food while on camp.

Please provide enough food for all breaks, keeping these rules in mind: NO NUTS and NO SHARING FOOD

### What you need to send with your child:

Enough food for two snacks & lunch, large refillable water bottle, sanitizer & mask, disposable gloves (optional), extra pair of clothes

### Safety procedures on camp:

- Temperature checks at arrival on camp
- Additional sanitizers available if needed
- Socially distanced sessions
- Regular sanitization of all equipment used

*Stay connected with us always by following us  
on our social media channels*

*Instagram: [ism\\_sports\\_uae](#)*

*Facebook: [ismsports](#)*

*Youtube: [ISM Sports UAE](#)*

*Contact Information:*

*WhatsApp: 058 501 3020*

*Email: [services@ismsports.org](mailto:services@ismsports.org)*